

PHYSIOTHERAPY			
Type	Regular	With international insurance receipt issuance	
Initial Consultation	¥ 12,500	¥ 17,500	
Standard Consultation	¥ 11,000	¥ 16,000	
Extended Consultation	¥ 15,500	¥ 20,500	
Short Consultation	¥7,300	¥ 12,000	
MASSAGE			
Type	Single	5-Pack	
45 minute	¥ 9,300	¥ 42,800 (8,565ea)	
60 minute	¥ 11,500	¥ 53,000 (10,600ea)	
90 minute	¥ 15,900	¥ 72,300 (13,500ea)	
PERSONAL TRAINING			
Type	Single	5-Pack	10-Pack
Initial Consultation	FREE	-	-
One on One	¥ 11,500	¥ 53,000 (10,600ea)	¥ 102,500 (10,250ea)
Buddy Session	¥ 6,750 each	¥ 31,500 (6,300ea)	¥ 60,000 (6,000ea)
Private Small Group (3-4ppl)	¥ 5,250 each	¥ 23,500 (5,700ea)	¥ 45,000 (4,500ea)
Private Large Group (5ppl +)	¥ 4,000 each	¥ 18,750 (3,750ea)	¥ 35,000 (3,500ea)
BOXING & KICKBOXING			
Type	Single	5-Pack	10-Pack
One on One	¥ 10,250	¥ 49,500 (9,900ea)	¥ 95,000 (9,500ea)
Buddy Session	¥ 6,750 each	¥ 31,500 (6,300ea)	¥ 60,000 (6,000ea)
Small group (3-4ppl)	¥ 5,250 each	¥ 23,500 (4,700ea)	¥ 45,000 (4,500ea)
Large Group (5ppl +)	¥ 4,000 each	¥ 18,750 (3,750ea)	¥ 35,000 (3,500ea)
GROUP CLASSES			
Unlimited (month)	10-Pack	Drop in	
¥ 29,900	¥ 29,900	¥ 4,000	
NUTRITION COACHING			
Nutrition Initial		¥ 11,000	
Nutrition Standard		¥ 9,000	
Dietetics Initial		¥ 16,000	
Dietetics Standard		¥ 13,500	
REFORMER PILATES			
Type	Single	5-Pack	10-Pack
30 minute	¥ 6,800	¥ 32,000 (6,400ea)	¥ 60,000 (6,000ea)
55 minute	¥ 10,500	¥ 49,500 (9,900ea)	¥ 90,000 (9,000ea)

**ALL PRICES INCLUDE 10% TAX**

### **Transformation Packages (6 Weeks)**

2 Sessions per Week: ¥117,600

3 Sessions per Week: ¥167,400

4 Sessions per Week: ¥216,000