

PHYSIOTHERAPY			
Type	Regular	With international insurance receipt issuance	
Initial Consultation	¥12,750	¥17,750	
Standard Consultation	¥11,250	¥16,250	
Extended Consultation	¥15,750	¥20,750	
Short Consultation	¥7,550	¥12,250	
MASSAGE			
Type	Single	5-Pack	
45 minute	¥9,300	¥44,050 (8,810ea)	
60 minute	¥11,500	¥54,250 (10,850ea)	
90 minute	¥15,900	¥73,750 (14,750ea)	
PERSONAL TRAINING			
Type	Single	5-Pack	10-Pack
Initial Consultation	FREE	-	-
One on One	¥11,500	¥55,250 (10,850ea)	¥105,000 (10,500ea)
Buddy Session	¥6,750 each	¥32,750 (6,550ea)	¥62,500 (6,250ea)
Private Small Group (3-4ppl)	¥5,250 each	¥24,750 (4,950 ea)	¥47,500 (4,750ea)
Private Large Group (5ppl +)	¥4,000 each	¥18,750 (3,750 ea)	¥35,000 (3,500 ea)
	2x a week	3x a week	4x a week
Transformation Package (6 Weeks)	¥120,600	¥171,900	¥222,000
BOXING & KICKBOXING			
Type	Single	5-Pack	10-Pack
One on One	¥10,250	¥50,750 (10,150ea)	¥97,500 (9,750ea)
Buddy Session	¥6,750 each	¥32,750 (6,550ea)	¥62,500 (6,250ea)
Small group (3-4ppl)	¥5,250 each	¥24,750 (4,950ea)	¥47,500 (4,750ea)
Large Group (5ppl +)	¥4,000 each	¥18,750 (3,750 ea)	¥35,000 (3,500ea)
GROUP CLASSES			
Unlimited (month)	10-Pack	Single	
¥29,900	¥29,900	¥4,000	
KID'S CLASSES			
10-Pack		Single	
¥28,500		¥3,500	
NUTRITION COACHING			
Nutrition Initial		¥12,750	
Nutrition Standard		¥11,250	
Dietetics Initial		¥17,750	
Dietetics Standard		¥11,250	

ALL PRICES INCLUDE 10% TAX

Updated 2025-08-01

