

All prices include 10% tax

PHYSIOTHERAPY			
Type	Regular	With international insurance receipt issuance	
Initial Consultation	¥ 10,750	¥ 14,750	
Standard Consultation	¥ 10,500	¥ 13,500	
Extended Consultation	¥ 13,000	¥ 17,000	
Short Consultation	¥ 7,100	¥ 11,100	
MASSAGE			
Type	Single	5-Pack	
45 minute	¥ 8,500	¥ 40,000 (8,000ea)	
60 minute	¥ 10,500	¥ 47,500 (9,500ea)	
90 minute	¥ 14,500	¥ 65,000 (13,000ea)	
PERSONAL TRAINING			
Type	Single	5-Pack	10-Pack
Initial Consultation	Free	-	-
One on One	¥ 11,000	¥ 51,250 (10,250ea)	¥ 99,000 (9,900ea)
Buddy Session	¥ 6,750 each	¥ 31,500 (6,300ea)	¥ 60,000 (6,000ea)
Small group (3-4ppl)	¥ 5,250 each	¥ 23,500 (5,700ea)	¥ 45,000 (4,500ea)
Large Group (5ppl +)	¥ 4,000 each	¥ 18,750 (3,750ea)	¥ 35,000 (3,500ea)
BOXING & KICKBOXING			
Type	Single	5-Pack	10-Pack
One on One	¥ 9,750	¥ 47,500 (9,500ea)	¥ 90,000 (9,000ea)
Buddy Session	¥ 6,750 each	¥ 31,500 (6,300ea)	¥ 60,000 (6,000ea)
Small group (3-4ppl)	¥ 5,250 each	¥ 23,500 (5,700ea)	¥ 45,000 (4,500ea)
Large Group (5ppl +)	¥ 4,000 each	¥ 18,750 (3,750ea)	¥ 35,000 (3,500ea)
GROUP CLASSES			
Unlimited (month)	10-Pack	Drop in	
¥ 29,900	¥ 29,900	¥ 4,000	
NUTRITION COACHING			
Initial Consultation		¥ 11,000	
Standard Consultation		¥ 9,000	
CLINICAL PILATES			
Type	Single	5-Pack	10-Pack
30 minute	¥ 6,800	¥ 32,000 (6,400ea)	¥ 60,000 (6,000ea)
55 minute	¥ 10,500	¥ 49,500 (9,900ea)	¥ 90,000 (9,000ea)